

## **How to Pray the Family Rosary**

#### Sign of the Cross

**LEADER**: In the name of the Father, and of the Son, and of the Holy Spirit.

ALL: Amen.

#### Apostles' Creed

**LEADER**: I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified, died, and was buried: He descended into hell: on the third day He rose again from the dead: He ascended into heaven, and is seated at the right hand of God the Father almighty: from there He will come to judge the living and the dead.

**ALL**: I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

#### Our Father

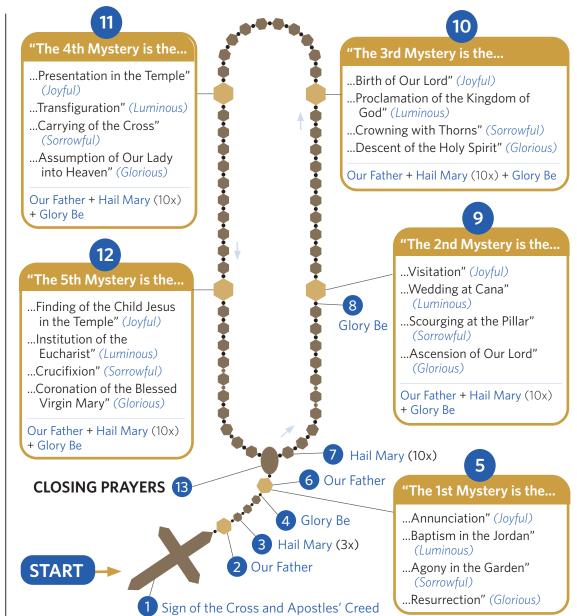
**LEADER**: Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven.

**ALL**: Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### Hail Mary

**LEADER**: Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

**ALL**: Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.



#### Glory Be

**LEADER**: Glory be to the Father, and to the Son, and to the Holy Spirit.

**ALL**: As it was in the beginning, is now, and ever shall be, world without end. Amen.

#### **CLOSING PRAYERS**

#### Hail Holy Queen

**LEADER**: Hail, Holy Queen,

**ALL**: Mother of Mercy, our life, our sweetness and our hope. To

thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn then, O most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary!

**LEADER**: Pray for us, O Holy Mother of God.

**ALL**: That we may be made worthy of the promises of Christ. Amen.

**LEADER:** Let us pray,

ALL: O God, whose only begotten Son, by His life, death and Resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that by meditating upon these Mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

**ALL**: In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

# **Meditations for the Rosary**

# The Joyful Mysteries

Mondays & Saturdays

#### 1. The Annunciation

The angel Gabriel was sent from God to a town of Galilee called Nazareth. And coming to Mary, he said, "Hail, favored one! The Lord is with you." (Lk 1:26-28)

#### 2. The Visitation

When Elizabeth heard Mary's greeting, the infant leaped in her womb, and Elizabeth, filled with the Holy Spirit, cried out in a loud voice and said, "Most blessed are you among women, and blessed is the fruit of your womb." (Lk 1:39-45)

#### 3. The Birth of Our Lord

And Mary gave birth to her firstborn son. She wrapped Him in swaddling clothes and laid Him in a manger. (Lk 2:1-20)

### 4. The Presentation in the Temple

Mary and Joseph took the baby Jesus to the temple to present Him to the Lord. At the temple Simeon and Anna came forward, gave thanks to God and spoke about Jesus to all who were present. (Lk 2:22-38)

## 5. The Finding of the Child Jesus in the Temple

The boy Jesus remained behind in Jerusalem, but His parents did not know it. After three days they found Him in the temple, sitting in the midst of the teachers, listening to them and asking them questions. (Lk 2:41-52)

# The Luminous Mysteries

Thursdays

### 1. The Baptism in the Jordan

And a voice came from the heavens, saying, "This is My beloved Son, with whom I am well pleased." (Mt 3:17)

#### 2. The Wedding at Cana

"Woman, how does your concern affect Me? My hour has not yet come." His mother said to the servers, "Do whatever He tells you." (Jn 2:1-12)

## 3. The Proclamation of the Kingdom of God

"This is the time of fulfillment. The kingdom of God is at hand. Repent, and believe in the gospel." (Mk 1:15)

#### 4. The Transfiguration

While He was praying His face changed in appearance and His clothing became dazzling white. (Lk 9:29)

### 5. The Institution of the Eucharist

Before the feast of Passover, Jesus knew that His hour had come to pass from this world to the Father. He loved His own in the world and He loved them to the end. (Jn 13:1)

# The Sorrowful Mysteries

Tuesdays & Fridays

### 1. The Agony in the Garden

Jesus went to a place called Gethsemane to pray. "My Father, if it is possible, let this cup pass from Me; yet, not as I will, but as You will." (Mt 26:36-46)

### 2. The Scourging at the Pillar

The chief priests with the elders and the scribes held a council. They bound Jesus, led Him away, and handed Him over to Pilate. Pilate, wishing to satisfy the crowd, had Jesus scourged and handed Him over to be crucified. (Mk 15:1-15)

### 3. The Crowning with Thorns

They stripped off His clothes and threw a scarlet military cloak about Him. Weaving a crown out of thorns, they placed it on His head, and a reed in His right hand. And kneeling before Him, they mocked Him, saying, "Hail, King of the Jews!"

(Mt 27:27-31)

### 4. The Carrying of the Cross

Jesus, weak from being beaten, was unable to carry His cross to Golgotha alone. Simon, a Cyrenian, helped Him. (Mk 15:20-22)

#### 5. The Crucifixion

When they came to the place called the Skull, they crucified Him and the criminals there, one on His right, the other on His left. Jesus said, "Father, forgive them, they know not what they do." (Lk 23:33-46)

# The Glorious Mysteries

Wednesdays & Sundays

#### 1. The Resurrection

Mary Magdalene and the other Mary came to see the tomb. An angel appeared and said, "Do not be afraid! I know that you are seeking Jesus the crucified. He is not here, for He has been raised just as He said."
(Mt 28:1-10)

### 2. The Ascension of Our Lord

As Jesus blessed them He parted from them and was taken up to heaven. (Lk 24:44-53)

## 3. The Descent of the Holy Spirit

There appeared to them tongues as of fire, which parted and came to rest on each one of them. And they were all filled with the Holy Spirit. (Acts 2:3-4)

## 4. The Assumption of Our Lady into Heaven

"Finally the Immaculate Virgin, preserved free from all stain of original sin, when the course of her earthly life was finished, was taken up body and soul into heavenly glory." \*

## 5. The Coronation of the Blessed Virgin Mary

"We believe that the Holy Mother of God, the new Eve, Mother of the Church, continues in heaven to exercise her maternal role on behalf of the members of Christ." \*

\*Please refer to the Catechism of the Catholic Church paragraphs 966 and 975, respectively.

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